

## @HSDHealth Message "Health Updates & Important Reminders"

Sent 9/23/2020

Clear and consistent communication with our school community remains a top priority, particularly in terms of health-related information. We also know that it is easy to get overwhelmed with the volume of information coming from a variety of sources. To help make this easier to navigate, you may have noticed that we have created a special email handle ([HSDHealth@haddonfield.k12.nj.us](mailto:HSDHealth@haddonfield.k12.nj.us)) that will be used to communicate all district-wide health-related information.

### Some Important Reminders:

- Please reference the below "[Decision Tree](#)" to help inform you of our decision process for students, staff, and families with COVID symptoms.
- A "negative" COVID test is not a clearance to return to school; a doctor's note clearing the return must be presented to the school's nurse.
- Students reported absent for one or more symptoms of COVID-19, with an unknown diagnosis, will be excluded from in-person learning and sports/extra-curricular activities. Written medical clearance from a healthcare provider is required for re-admission and sports participation.
- The school district's physician has the final say on any clearance written by a family's physician.
- A COVID questionnaire must be completed daily for every student who enters the school or the grounds of the school, especially in regard to student-athletes (even if it's not their in-school day).
- Please encourage your students to dress appropriately, particularly as the weather cools. We are requiring teachers to keep some classroom windows open.

If you have any questions, please contact your school nurse and/or building principal.

**STAY SAFE 08033**

### Decision Tree for People with COVID-19 Symptoms Found in Students, Staff and Families

**For people who have symptoms consistent with COVID-19, stay home, send home, or deny entry and reference the exclusion criteria in this document to determine when they may return.**

**Symptoms of COVID-19 include:**  
New onset cough or shortness of breath, difficulty breathing by themselves OR at least 1 of the following: Fever (100.0 degrees F or higher) or chills, muscle or body aches, new or unusual headache, sore throat, congestion or runny nose, loss of sense of smell or taste, abnormal fatigue, and gastrointestinal symptoms such as diarrhea, vomiting, or nausea.

If a person has a new symptom (for example, new loss of smell only) with no other diagnosis to explain, they should stay home and talk to their healthcare provider about testing for COVID-19, even if it is the only symptom they are experiencing.

**For people who received a laboratory test for COVID-19**

What to do if you're waiting for COVID-19 test results:  
(<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html>)

**Positive test result:** Stay home; isolate at least 10 days since symptoms first appeared AND until no fever for at least 24 hours without medication AND improvement of other symptoms.

- \* Siblings and household members stay home for 14 days *from date of last exposure*.

**Negative test result but symptoms with no other diagnosis:** Stay home; isolate at least 10 days since symptoms first appeared AND until no fever for at 24 hours without medication AND improvement of other symptoms.

- \* Siblings and household members to stay home for 14 days *from date of last exposure*.
- **Healthcare provider's note needed for readmission to school.**

**For people with a COVID-19 diagnosis without a lab test OR people with symptoms consistent with COVID-19 without a medical evaluation (e.g., monitoring symptoms at home)**

- Healthcare provider's note needed for readmission to school.

Stay home at least 10 days since symptoms first appeared AND until no fever for at least 24 hours without medication AND improvement of other symptoms.

- \* Siblings and household members stay home for 14 days *from date of last exposure*.

**For Anyone Who Has Been Around a Person with COVID-19:**

- \* Anyone who has had close contact with someone with COVID-19 should stay home for 14 days **after their last exposure** to that person.

**For people with other diagnoses (e.g., pink eye, strep throat) that explain the symptoms, or when a healthcare provider says symptoms are connected to a pre-existing condition.**

- Healthcare provider's note needed for readmission to school.


Stay home until symptoms have improved. Follow specific return guidance from the healthcare provider or follow the guidance from the NJ Department of Health (<https://www.nj.gov/health/cd/>)

If symptoms related to a pre-existing condition change or worsen, talk to a healthcare provider to determine next steps.

Siblings and household members **do not** need to stay home.

**For people traveled to areas on the State of NJ Travel Advisory List**

Self-quarantine for 14 days. This includes travel by train, bus, car, plane, and any other mode of transportation. (<https://www.covid19.nj.gov>)



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(856) Screenshot