

@HSD Health Message: November Travel Part II and Testing
Sent 10/20/2020

NOVEMBER TRAVEL Part II

- With an upcoming week off from school (Nov. 2-6), please ensure to heed the State of NJ’s recommended 14-day quarantine if you travel to areas on [NJ’s Travel Advisory List](#) and associated protocols and exceptions.
- **NEW: Students are recommended to quarantine for 14-days upon return if traveling abroad to a destination assigned a [Risk Assessment Level 2 or 3 for COVID-19 by the CDC](#).**

COVID-19 TESTING

- You’ve probably heard a lot about coronavirus testing recently. If you think you have coronavirus disease 2019 (COVID-19) and need a test, contact your healthcare provider, local pharmacy, or the [Camden County Department of Health](#) immediately. *Not all tests are equal* - See this helpful chart below to learn more about the different types of tests - for more comprehensive information, please review the [FDA’s Coronavirus Testing Basics](#).

	MOLECULAR TEST	ANTIGEN TEST	ANTIBODY TEST
Also known as...	Diagnostic test, viral test, molecular test, nucleic acid amplification test (NAAT), RT-PCR test, LAMP test	Rapid diagnostic test (Some molecular tests are also rapid tests.)	Serological test, serology, blood test, serology test
How the sample is taken...	Nasal or throat swab (most tests) Saliva (a few tests)	Nasal or throat swab	Finger stick or blood draw
How long it takes to get results...	Same day (some locations) or up to a week	One hour or less	Same day (many locations) or 1-3 days
Is another test needed...	This test is typically highly accurate and usually does not need to be repeated.	Positive results are usually highly accurate but negative results may need to be confirmed with a molecular test.	Sometimes a second antibody test is needed for accurate results.
What it shows...	Diagnoses active coronavirus infection	Diagnoses active coronavirus infection	Shows if you've been infected by coronavirus in the past
What it can't do...	Show if you ever had COVID-19 or were infected with the coronavirus in the past	Definitively rule out active coronavirus infection. Antigen tests are more likely to miss an active coronavirus infection compared to molecular tests. Your health care provider may order a molecular test if your antigen test shows a negative result but you have symptoms of COVID-19.	Diagnose active coronavirus infection at the time of the test or show that you do not have COVID-19

PLEASE CONTACT THE SCHOOL NURSE UPON RECEIPT OF A COVID+ TEST. THIS IS THE BEST WAY FOR HSD TO GET A HEAD START ON SAFETY PROTOCOLS!