

We invite you to attend

ANXIETY WORKSHOPS for HADDONFIELD SCHOOL DISTRICT PARENTS

Presentation ①

ANXIETY IN CHILDREN

For parents of children in PS through grade 8

Information for parents to help identify signs of anxiety in their children and to support their children's mental health during the pandemic.

January 20, 2021 at 7:00 p.m.

Format: Zoom

Please note: the content of these two presentations is similar but geared toward parents with children of different ages.

Presentation ②

ANXIETY IN ADOLESCENCE

For parents of children in grades 9-12

Information for parents to help identify signs of anxiety in their children and to support their children's mental health during the pandemic.

February 3, 2021 at 7:00 p.m.

Format: Zoom

It is not necessary to attend both, but that is an option.



Both presentations are being sponsored by the Haddonfield Education Association.

These presentations reflect the district's commitment to SEL (social-emotional learning) and the social-emotional health of our students and staff.

[REGISTER HERE](#) and **SUBMIT QUESTIONS* IN ADVANCE.**

The first 20 people to register for (and attend) either session will receive one of the following books from the Haddonfield Education Association. Many thanks to Inkwood books for providing these titles!

For parents of PS-grade 8 students:

[Me and My Feelings: A Kids Guide to Understanding and Expressing Themselves](#)

For parents of grades 9-12 students:

[Permission to Feel: Unlocking the Power of Emotion to Help our Kids, Ourselves, and Our Society Thrive](#) by Marc Brackett, Ph.D.

Both presentations will be made by **Dr. Phillip C. Kendall**, Distinguished University Professor, Child and Adolescent Anxiety Disorders Clinic, Temple University.

*** Questions may be submitted up to seven days prior** to the presentation. You also may ask questions during the Zoom meeting at a specific Q&A period. *The Zoom link will be sent to registrants about 24 hours prior to the presentation date.*