



Haddonfield Board of Education

1 Lincoln Avenue
Haddonfield, New Jersey 08033

Job Description

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I. POSITION: STRENGTH AND CONDITIONING COACH

II. QUALIFICATIONS:

- A. Bachelor's degree preferred. Associate's degree or completion of at least 60 credits at an accredited institution required.
- B. National Strength and Conditional Association or Collegiate Strength and Conditioning Coaches Association certification preferred.
- C. Successful clearance of criminal background check.
- D. Knowledge and experience in training high school athletes preferred.
- E. Knowledge and experience in managing a physical fitness center preferred.

III. PRIMARY FUNCTION:

To establish and maintain a strength and conditioning program for all sports with the three major goals of improving athletic performance, reducing athletic injuries and teaching lifelong fitness and to supervise and maintain the fitness center.

IV. REPORTS TO: The Athletic Director or HS Principal

V. MAJOR DUTIES AND RESPONSIBILITIES:

Instructional Leadership

- A. Organizes and administers the overall strength and conditioning program at Haddonfield Memorial High School.
- B. Provides leadership and instruction to athletic coaches in the use of fitness center equipment and training of athletes.
- C. Develops and places into operation appropriate rules and regulations governing the high school fitness center.
- D. Assists the Athletic Director in the development and purchase of physical fitness equipment and training aids.
- E. Maintains accurate daily attendance records.
- F. Schedules routine maintenance of all Weight Room equipment and maintains accurate records of reporting repairs and maintenance.

Professional Development

- A. Keeps updated on current developments in strength and conditioning.
- B. Participates in continuous study and attends relevant conferences and workshops to maintain and enhance professional competence.
- C. Maintain first aid and CPR certification



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School and Community Relations

- A. Oversees the promotion of the high school's physical fitness and athletic strength and conditioning programs.
- B. Promotes cooperation among and between members of the coaching staff, faculty, support personnel and administrations for the general advancement of the physical fitness and athletic conditioning program.
- C. Acts as the district professional in physical fitness and athletic conditioning.

VI. TERMS OF EMPLOYMENT:

- School Year: Beginning with the first day of the NJSIAA fall pre-season throughout the academic school year. 2 hrs/day 4 days/week for weight room supervision and an additional 4 hrs. flex scheduling for team training/week
- Summer: 6 weeks starting the first day of NJSIAA summer period - 3 days/week 2 hrs/day

VII. EVALUATION: Performance of this job will be evaluated in accordance with provisions of the Boards policy.