



IMPORTANT LINKS

As of September 1, 2022

[COVID Reporting Form](#)

[COVID Decision Guidelines](#)

[Clearance for Athletes to Return-to-Play Post COVID-19+](#)

The AAP (American Academy of Pediatrics) continues to recommend that children and adolescents consult their primary care physician when a student has COVID in order to determine "return to play" and resume athletic activity. The reason for this is that there is an increased risk for myocarditis (infection or inflammation of the heart) following COVID, even if a student has no symptoms of COVID.

Because of this evidence, HSD will continue to require medical clearance of all student-athletes by a licensed medical professional, preferably the child's primary care provider. We will continue to review the literature and update our policy accordingly.

****The AAP and most other medical professional organizations (AAFP, AMA, etc.) also recommend that all patients notify their primary care provider to obtain the best care and guidance when their household members contract COVID.***